

CATO-MERIDIAN SCHOOL MENU February 2012



Start Your Day OFF Right with Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Cereal w/ Wheat Toast	Waffles with Syrup	Egg/Cheese Omelet/Toast	Yogurt w/ Muffin	Breakfast Sandwich
YOGURT, CEREAL, & BAGELS WITH CREAM CHEESE OFFERED DAILY. ALL BREAKFAST ENTREES SERVED W/ 100% JUICE & CHOICE OF MILK.				



DAILY ENTREES

School Breakfast
Price
\$1.25 for Students
School Lunch Price
\$1.50 for Students
\$3.00 for Adult Lunch
Milk .55
Ice Cream .60

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Soft Beef Taco Corn Chilled Fruit	2 Hot Ham + Cheese/Bun Tater Tots Peas Child Fruit	3 Elem/MS BBQ Ribs/Bun HS Hot Dogs/Bun Carrot Sticks Chilled Fruit
6 Hot Turkey Sandwich/Corn Mashed Potatoes Chilled Fruit	7 Italian Platter Meatballs/Moz. Sticks//Garlic Bread Mixed Vegetables Chilled Fruit	8 Chicken Club/Bun Bacon/Lettuce/Tomato Steamed Carrots Chilled Fruit	9 Macaroni and Cheese Whole Wheat Bread Green Beans Chilled Fruit	10 Crunchy Fish/Bun Cole Slaw Pasta Salad Chilled Fruit
13 Cheese Burgers Broccoli Chilled Fruit	14 Buffalo Chicken Wrap Boiled Potatoes Celery Sticks Chilled Fruit	15 Grilled Cheese Sandwich Tomato Soup/Peas Chilled Fruit	16 Spaghetti Meat Sauce Tossed Salad Italian Bread Chilled Fruit	17 Elem/MS BBQ Rib/Bun HS Hot Dog/Bun Mixed Vegetables Chilled Fruit
20 NO	21 SCHOOL	22 WINTER	23 RECESS	24
27 Beef Nachos Cheese Sauce Rice/Beans Chilled Fruit	28 Chicken Reggies Tossed Salad Dinner Roll Chilled Fruit	29 French Toast Sticks Sausage Hash Brown Patty Warm Applesauce		

Meals may include
hot or cold
vegetables with
bread assortment.

All meals are served
with a choice of milk
(1% low fat, skim, or
low fat chocolate)



DAILY ALTERNATE ENTREE

Monday	Tuesday	Wednesday	Thursday	Friday
Nugget Lunch	Hamburger	Chicken Patty	Hot Dog-Elem/MS BBQ Riblet-HS	Cheese Pizza
PBJ-Plate is offered Daily				



GRAB A FRESH SALAD

Fresh Salad combination meals including daily alternates of: Salad Greens, Fresh Vegetables, Fruit & Accompaniments.



DELI BAR TO GO

Freshly prepared sandwiches with assorted deli meats & cheese prepared on selected: Breads, Rolls and Wraps with Accompaniments

DID YOU KNOW: You can send in prepayment Lunch/Breakfast money at any time? We strongly encourage parents to prepay using checks, rather than cash. Your checks should be made payable to "Cato-Meridian School Lunch" and sent to the cafeteria.