

CATO-MERIDIAN SCHOOL MENU January 2012



School Breakfast Price

\$1.25 for Students

School Lunch Price

\$1.50 for Students

\$3.00 for Adult Lunch

Milk .55

Ice Cream .60

Meals may include hot or cold vegetables with bread assortment.

All meals are served with a choice of milk (1% low fat, skim, or low fat chocolate)



Start Your Day OFF Right with Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Cereal w/ Wheat Toast	Pancakes with Syrup	Egg Omelet Wheat Toast	Yogurt w/ Muffin	Breakfast Sandwich
YOGURT, CEREAL, & BAGELS WITH CREAM CHEESE OFFERED DAILY. ALL BREAKFAST ENTREES SERVED W/ 100% JUICE & CHOICE OF MILK.				

DAILY ENTREES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 NO SCHOOL	3 Mozzarella Sticks Marinara Sauce Garlic Sticks Green Beans Chilled Fruit	4 Soft Beef Taco Mexi-Rice Beans Chilled Fruit	5 Crispy Baked Chicken Boiled Potatoes Corn Chilled Fruit	6 Crunchy Fish/Bun Mixed Vegetables Chilled Fruit
9 Steak and Cheese Sub Steamed Carrots Chilled Fruit	10 Spicy Chicken Patty On A Bun Peas Chilled Fruit	11 Meatball Sub Tossed Salad Chilled Fruit	12 Macaroni and Cheese Dinner Roll Broccoli Chilled Fruit	13 Elem/MS.BBQ Ribs HS Hot Dog Cole Slaw Chilled Fruit
16 NO SCHOOL Martin Luther King Day	17 Grilled Cheese Tomato Soup Corn Chilled Fruit	18 Turkey Ranch Wrap Tater Tots Mixed Vegetables Chilled Fruit	19 Spaghetti Meat Sauce Tossed Salad Italian Bread Chilled Fruit	20 Chicken Fajita Pizza Carrot Sticks Chilled Fruit
23 BBQ Rib Boiled Potatoes Peas Chilled Fruit	24 Beef Nachos Cheese Sauce Rice/Beans Chilled Fruit	25 Pizza Burger Tossed Salad Chilled Fruit	26 Southwest Pierogies Ham Slice Broccoli Chilled Fruit	27 Crunchy Fish/Bun Celery Sticks Pasta Salad Chilled Fruit
30 Soft Pretzel Corn Chilled Fruit	31 French Toast Sticks Sausage Hash Brown Patty Juice			

DAILY ALTERNATE ENTREE

Monday	Tuesday	Wednesday	Thursday	Friday
Nugget Lunch	Hamburger	Chicken Patty	Hot Dog-Elem/MS BBQ Riblet-HS	Cheese Pizza
PBJ-Plate is offered Daily				

GRAB A FRESH SALAD

Fresh Salad combination meals including daily alternates of: Salad Greens, Fresh Vegetables, Fruit & Accompaniments.

DELI BAR TO GO

Freshly prepared sandwiches with assorted deli meats & cheese prepared on selected: Breads, Rolls and Wraps with Accompaniments

DID YOU KNOW: You can send in prepayment Lunch/Breakfast money at any time? We strongly encourage parents to prepay using checks, rather than cash. Your checks should be made payable to "Cato-Meridian School Lunch" and sent to the cafeteria.