

CATO-MERIDIAN SCHOOL MENU NOVEMBER 2011



Start Your Day OFF Right with Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Cereal w/ Wheat Toast	Pancakes with Syrup	Breakfast Wrap	Yogurt w/ Muffin	Breakfast Sandwich
YOGURT, CEREAL, & BAGELS WITH CREAM CHEESE OFFERED DAILY. ALL BREAKFAST ENTREES SERVED W/ 100% JUICE & CHOICE OF MILK.				



DAILY ENTREES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Soft Beef Taco Lettuce/Cheese Beans Chilled Fruit	2 Grilled Cheese Tomato Soup Peas Chilled Fruit	3 Spaghetti/Meat Sauce Tossed Salad Italian Bread Chilled Fruit	4 Crunchy Fish/Bun Cole slaw Chilled Fruit
7 Chicken Riggies Mixed Vegetables Chilled Fruit	8 Nachos Cheese Sauce Mexi-Rice/Corn Chilled Fruit	9 Pizza Burger Steamed Carrots Chilled Fruit	10 Macaroni and Cheese Green Beans Whole Wheat Bread Chilled Fruit	11 NO SCHOOL Veteran's Day
14 Cheeseburger Tater Tots Peas Chilled Fruit	15 Buffalo Chicken Wrap Carrot Sticks Chilled Fruit	16 Soft Pretzel/Meat Sauce Broccoli Chilled Fruit	17 Turkey and Gravy Mashed Potatoes Corn Chilled Fruit	18 BBQ Rib/Bun Mixed Vegetables Chilled Fruit
21 ½ Day K-8 Hot Dogs/Bun Beans Chilled Fruit	22 ½ Day K-8 Baked Chicken Corn Dinner Roll Chilled Fruit	23 NO	24 SCHOOL	25 THANKSGIVNG RECESS
28 Mozzarella Sticks Marinara Sauce Garlic Toast Green Beans Chilled Fruit	29 French Toast Sticks Sausage Hash Brown Patty Warm Apple Sauce	30 Southwest Pierogies Ham Slice Broccoli Chilled Fruit		

School Breakfast
Price

\$1.25 for Students

School Lunch Price

\$1.50 for Students

\$3.00 for Adult Lunch

Milk .55

Ice Cream .60

Meals may include
hot or cold
vegetables with
bread assortment.

All meals are served
with a choice of milk
(1% low fat, skim, or
low fat chocolate)



DAILY ALTERNATE ENTREE

Monday	Tuesday	Wednesday	Thursday	Friday
Nugget Lunch	Hamburger	Chicken Patty	Hot Dog-Elem/MS BBQ Riblet-HS	Cheese Pizza
PBJ-Plate is offered Daily				

Salad Bar 4th- 12th grade

Fresh Salad combination meals including daily alternates of: Salad Greens, Fresh Vegetables, Fruit & Accompaniments.

Sandwiches

Freshly prepared sandwiches with assorted deli meats & cheese prepared on selected: Breads, Rolls and Wraps with Accompaniments



DID YOU KNOW: You can send in prepayment Lunch/Breakfast money at any time? We strongly encourage parents to prepay using checks, rather than cash. Your checks should be made payable to "Cato-Meridian School Lunch" and sent to the cafeteria.