

# 2023-2024 Coaches Directory

**Robert Wren****Athletic Director**

rwren@catomeridian.org  
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**Jennifer Kelly****Jr.-Sr. High School Principal**

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**Charissa Allen****Jr.-Sr. High School Nurse**

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**Vonda Wheeler****Interscholastic Athletics Assistant**

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**Tammy Cady****Transportation Director**

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315-243-5291 work cell  
315-626-3181 home

**Joseph Phillips****Director of Facilities**

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**Brian Cady****Building Maintenance Mechanic**

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**James Pope****Building Maintenance**

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**Travis Muhlnickel****Strength and Conditioning****Volunteer Coach**

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**315-246-7181**

**Brooke Kairewich****Varsity Cheerleading**

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**Sharon Nihoff****Varsity Girls Volleyball**

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315-243-2829 cell

**Shayna Marriam****Junior Girls Varsity Volleyball**

smarriam@catomeridian.org  
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**Sharon Nihoff****Modified Volleyball – 7/8th Grade**

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315-243-2829 cell

**Carrie Smith****Modified Volleyball – 7/8th Grade**

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**315-414-8531**

**Donna Cappellano****Girls Varsity & Modified Cross Country**

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**Ryan Ellis****Boys Varsity & Mod. Cross Country**

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**C. J. Hannon****Varsity Football**

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**Kevin Aukema****Varsity Football Assistant**

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**Shane Tyler****Varsity Football Assistant**

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**Kim Bratt**  
**Mod. Girls Basketball – 8th Grade**  
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**Kayla Holdridge**  
**Mod. Girls Basketball – 7th Grade**  
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**Mod. Boys Basketball – 7th Grade**  
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**Mod. boys Basketball – 8th Grade**  
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**Boys Varsity Track**  
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**Kim Bratt**  
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**Donna Cappellano**  
**Varsity Track Assistant**  
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**TBD**  
**Boys and Girls Modified Track**

**CJ Hannon**  
**Varsity Softball**  
channon@catomeridian.org  
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**TBD**  
**Junior Varsity Softball**

**TBD**  
**Modified Softball**

**Kris Shore**  
**Modified Football**  
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**Cody Humberstone**  
**Modified Football Assistant**  
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**Kevin McGowan**  
**Modified Football Assistant**  
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Megan Daley  
**Girls Varsity Soccer w/Hannibal**  
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Ryan Mavretish  
**Boys Varsity Soccer w/ JE**  
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**Carrie Smith**  
**Varsity Field Hockey**  
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**Morgan Besner**  
**Modified Field Hockey**  
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Austin Vincent  
**Varsity Girls Basketball**  
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**Morgan Besner**  
**Junior Varsity Girls' Basketball**  
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**315-224-3774**

**Cody Humberstone**  
**Boys Varsity Basketball**  
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**Tyler Baker**  
**Boys JV Basketball**  
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**315-532-1548**

**Mike Nichols**

**Varsity Golf**

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315-436-7576 cell

**Ronnie Loveless**

**Varsity Baseball**

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315-560-7103 cell

TBD

**Junior Varsity Baseball**

**Patrick Cost**

**Modified Baseball**

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**Ryan Ellis**

**Varsity Indoor Track**

rellis@catomeridian.org  
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**Michael Nguyen**

**Varsity Wrestling (w/JE)**

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**Scott Terpening**

**Modified Wrestling**

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**TBD/NA**

**Girls Modified Soccer**

**Mary Maestri**

**Boys' Modified Soccer w/JE**

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