1. Swimmers are expected to be at practice on time and prepared to swim every day.
2. Swimmers are expected to stay for the entire practice; if a swimmer needs to leave early, please notify the coach before practice.
3. If a swimmer is unable to attend practice, please let the coach know prior to the day. A note for a parent/guardian would be ideal.
4. All swimmers will help in the set up and take down of pool equipment.
5. Misbehavior of any kind including bullying, hazing, hose play and vandalism will not be tolerated and may result in immediate suspension from the team.
6. During school breaks, practice days and times will be at the coach’s discretion.
7. If the Rec Center closes due to weather, there will be no Otter practice.
8. If school closes or dismisses early, there will be no Otter practice

(No School = No otters)

1. Good teamwork and pool behavior is expected during practice times to allow orderly and well-run practices.
2. Swimmers who cannot behave during practice (being disruptive, not listening, and arguing) may be asked to sit out for a period of time or may be asked to leave for the remainder of practice.
3. **There will be no locker rooms available. Please bring appropriate clothing to go outside after swimming.**
4. **ALL swimmers MUST check in at the front desk for their screening before *every* practice.**
5. **Masks must be worn at all times, except when they are in the pool. This includes while on the pool deck.**
6. **All swimmers must sign a waiver prior to the first practice.**